



Learn about essential oils and how to customize them for your own personal care, healing and rejuvenation, including for beauty, pregnancy, children, pets as well as your home and office. Join Cecilia Tang, founder and lead aromatherapist for a series of fun and informative workshops that would help you to achieve holistic understanding; explore and discover your own AromaQuotient.

Workshop Topics for Oct - Dec 2011

Fresh Face I

Customize your own set of Cleanser, Toner & Moisturizer for your skin type and learn how to use them for best results. Learn to identify toxic ingredients in your everyday beauty products.

Fresh Face II

Create your own Scrub, Make-up Removal Oil & Mask for your skin type and learn how to use them for best results. Learn to identify toxic ingredients in your everyday beauty products.

Body Beautiful I

Blends & Techniques for soft and supple Breasts & Neck, Body, Hands and Feet. Customize your own set of Hand Scrub, Foot Scrub, Breasts & Neck Care Oil & Body Lotion.

Body Beautiful II

Blends and techniques to reduce Cellulite, Stretch marks, Scars & Keloids and Varicose Veins. Customize your own set of Body Butter or Massage Oil, Legs Massage Oil & Scars & Keloids Treatment Oil.

Healthy Hair

Blend your own Shampoo, Conditioner, Scalp Treatment for your scalp and hair types and learn how to use them for best results. Learn to identify toxic ingredients in your everyday hair products.

Christmas Signature Gifts

Spread the love for natural goodness and create personal items or gift sets for your loved ones. Blend something special and surprise them this holiday season!

Eczema & Psoriasis Healing

Many of us develop Eczema and/or Psoriasis at some point in our life because of toxins retained in our body due to the environment, food we eat, products we use and also stress. Learn the causes and how to take care of you and your loved ones when this common problem occurs. Customize your own set of Body Wash, Body Oil & Healing Ointment.

CHILD Aromatherapy

Natural remedies are available for your child's physical and emotional wellbeing. Childhood conditions ranging from cuts and grazes to cold and flu, asthma and bronchitis can be cured, and emotional states such as Attention Deficit Disorders (ADD) can be soothed. Learn methods and application at home. Take home a basic kit consisting of Cold & Flu Ointment, Cuts and Grazes Ointment & Pillow Spray.

PET Aromatherapy Cats & Dogs

Your furry friends have physical and emotional issues just like we do, find out how essential oils can help with skin problems, anxiety, stress and a host of other furry situations (and reduce your bills to the vet). Customize your own set of Grooming Shampoo, Grooming Spray & Flea & Tick Spray.

PREG Aromatherapy

Natural options to take care of mummies! There are essential oils that you can use for each stage of your pregnancy to alleviate your discomfort and pain. Feel good and safe during this important phase of life! There are also essential oils to avoid, get to know which ones!

- Prenatal Care (Ease Morning Sickness, Stretch marks, Swollen legs, feet and hands, Backache)
- Postnatal Care (Do you need Special Shampoo, Conditioner and Body Wash for post-delivery and confinement; Total Breast Care)
Customize your own set of Stretch Mark Oil, Shampoo & Body Wash.

Information

Duration : 2 hours

Fees : HKD 400 per workshop, inclusive of all materials

: Group Price for 4 pax at HKD 360 each

: Pre-registration offer for you at HKD360 for October Workshops!

Venue : 11/fl., Unit A, Hennessy Plaza, 164-166 Hennessy Road (Wanchai MTR Station, Exit A4)

Payment & Refund Policy : HKD 400 to be paid within 5 working days from reservation and before the workshop.

Seats will be released if payment is not made on time. There will be no refund if applicant fails to show up.

Please call +852 2520 2073 or email to enquiries@aroma-quotient.com for reservation and questions.

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Workshop Topics for October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Fresh Face I - 7:00pm	6 Eczema & Psoriasis Healing - 7:00pm	7	8 PREG Aromatherapy - 10:30am Fresh Face I - 1:30pm Fresh Face II - 4:00pm
9	10	11	12	13	14	15
16	17	18	19 Fresh Face II - 7:00pm	20 Healthy Hair - 7:00pm	21	22 CHILD Aromatherapy - 10:30am Fresh Face I - 1:30pm Fresh Face II - 4:00pm
23	24	25	26	27	28	29 Body Beautiful I - 10:30am Body Beautiful II - 1:30pm PET Aromatherapy (Dogs) - 4:00pm
30	31					



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Workshop Topics for November 2011

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
		1	2	3	4 CHILD Aromatherapy - 7:00pm	5 Fresh Face I - 10:30am Fresh Face II - 1:30pm Body Beautiful I - 4:00pm
5	7	8	9	10	11	12 Fresh Face I - 10:30am Fresh Face II - 1:30pm Body Beautiful II - 4:00pm
13	14	15	16	17 Christmas Signature Gifts - 7:00pm	18	19 Eczema & Psoriasis Healing - 10:30am PREG Aromatherapy - 1:30pm Fresh Face I - 4:00pm
20	21	22	23	24	25	26 Christmas Signature Gifts - 10:30am / 1:30pm / 4:00pm
27	28	29	30 Christmas Signature Gifts - 7:00pm			



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Workshop Topics for December 2011

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
				1 Christmas Signature Gifts - 7:00pm	2	3 Christmas Signature Gifts - 10:30am / 1:30pm / 4:00pm
4	5	6 Christmas Signature Gifts - 7:00pm	7 Christmas Signature Gifts - 7:00pm	8 Christmas Signature Gifts - 7:00pm	9	10 Christmas Signature Gifts - 10:30am / 1:30pm / 4:00pm
11	12	13 Christmas Signature Gifts - 7:00pm	14 Christmas Signature Gifts - 7:00pm	15 Christmas Signature Gifts - 7:00pm	16	17 Christmas Signature Gifts - 10:30am / 1:30pm / 4:00pm
18	19 Christmas Signature Gifts - 7:00pm	20 Christmas Signature Gifts - 7:00pm	21	22	23	24
25	26	27	28	29	30	31